

ANSWERS TO FREQUENTLY ASKED QUESTIONS ABOUT...

Hair Removal with ProWave 770™

How does it work?

We use a sophisticated light energy source for permanent hair reduction. The light is absorbed by the pigment in your hair, which effectively disables the hair follicle. The ProWave can remove hair from the face or body; for example, the arms, underarms, legs, backs, and even particularly sensitive areas like the upper lip.

How many treatments will I need?

Hair develops in phases and we can only treat hair in its active, visible stage. Therefore, the number of treatments depends on how quickly the untreated hairs appear. For significant clearance, most patients require a course of four to six treatments, which are spaced at least six to eight weeks apart.

Is it totally permanent?

Yes. The hair we treat with ProWave will not grow back, and patients can expect an 85 percent reduction in hair after four to six treatments. As we age our hair patterns change, so this does not prevent the possibility of new hair growth over the years.

How is your treatment different from other clinics?

Our ProWave technology is effective on a wide range of skin types (skin types I to V), and is also one of the fastest. Shorter treatment times provide a nice benefit to our patients, especially when they want their backs and legs treated. It is permanent, safe and effective.

How does it differ from electrolysis?

Electrolysis involves inserting a needle into individual hair follicles and delivering an electrical charge to them one at a time. Therefore, it can be costly, painful and time-consuming to do more than a small area. Our technology, on the other hand, delivers light energy to hundreds of follicles at a time, which makes it ideal for treating large as well as small areas.

How long does each treatment take?

It depends, of course, on the size of the area, but it typically takes 30 minutes to treat the upper and lower legs and 20 minutes for a man's back.

What does it feel like?

Patients will feel a series of short snaps, somewhat like a rubber band snapping, but no local anesthesia or pain medication is necessary. Sensitivity varies from person to person, and some people may opt for a topical numbing cream.

Do I need to grow the hair out before my treatment?

No. In fact, we ask that you shave beforehand since the treatment is targeting the hair follicle itself - not just hair.

Is it safe?

The beauty of our ProWave technology is that it effectively destroys the hair itself without harming the surrounding skin. You may be a little red afterward, but that typically goes away in a matter of hours. As with all medical procedures there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

Can anyone have it done?

A good candidate is someone with pale to medium skin tone who wants to treat hair that is light brown or darker. No laser or light-based system can treat blonde, white, red or gray hair since there is no melanin in it to absorb the light. We will evaluate if you are an appropriate candidate at the time of your consultation.

ANSWERS TO FREQUENTLY ASKED QUESTIONS ABOUT...

Hair Removal with CoolGlide® 1064 nm Nd:YAG

How does it work?

We use a sophisticated light energy source for permanent hair reduction. The light is absorbed by the pigment in your hair, which effectively disables the hair follicle. The CoolGlide can remove hair from the face or body; for example, the arms, underarms, legs, backs, and even particularly sensitive areas like the upper lip.

How many treatments will I need?

Hair develops in phases and we can only treat hair in its active, visible stage. Therefore, the number of treatments depends on how quickly the untreated hairs appear. For significant clearance, most patients require a course of four to six treatments, which are spaced at least six to eight weeks apart.

Is it totally permanent?

Yes. The hair we treat with CoolGlide will not grow back, and patients can expect an 85 percent reduction in hair after four to six treatments. As we age our hair patterns change, so this does not prevent the possibility of new hair growth over the years.

How is your treatment different from other clinics?

Our CoolGlide technology is considered the gold standard in the laser industry because of its long history of safety and effectiveness on all skin types—even on tanned skin, which is a nice benefit to our patients in the summer months. We can treat not only coarse hair but fine hair as well. It is permanent, safe and effective.

How does it differ from electrolysis?

Electrolysis involves inserting a needle into individual hair follicles and delivering an electrical charge to them one at a time. Therefore, it can be costly, painful and time-consuming to do any more than a small area. Our technology, on the other hand, delivers light energy to hundreds of follicles at a time, which makes it ideal for treating large as well as small areas.

How long does each treatment take?

It depends, of course, on the size of the area, but it typically takes 60 minutes to treat the upper and lower legs and 45 minutes for a man's back.

What does it feel like?

Patients will feel a series of short snaps, somewhat like a rubber band snapping, but no local anesthesia or pain medication is necessary. Sensitivity varies from person to person, and some people may opt for a topical numbing cream.

Do I need to grow the hair out before my treatment?

No. In fact, we ask that you shave beforehand since the treatment is targeting the hair follicle itself - not just hair.

Is it safe?

The beauty of our CoolGlide technology is that it effectively destroys the hair itself without harming the surrounding skin. You may be a little red afterward, but that typically goes away in a matter of hours. As with all medical procedures there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

Can anyone have it done?

No laser or light-based system can treat blonde, white, red or gray hair since there is no melanin in it to absorb the light, but with our CoolGlide system people with any other color hair, any skin type, and even tanned skin can receive treatment.

ANSWERS TO FREQUENTLY ASKED QUESTIONS ABOUT...

Laser Genesis for Skin Rejuvenation

What does it do?

Laser Genesis does something completely unique in the skin rejuvenation area. It is proven to not only minimize fine lines but also to reduce large pores, uneven, crepe-paper type or pebbled skin texture, and overall redness and flushing.

How does it work?

We use a cosmetic laser to gently heat the skin below the surface. This "healthy heat" stimulates the body's own natural healing response, and the texture of your skin literally becomes smoother. Depending on what you are having treated, pores get smaller, lines are decreased as your underlying collagen is refreshed, and the color of your skin will even out. We will discuss this with you thoroughly when you come in for your consultation.

How many treatments will I need?

People and conditions will vary in the way they respond, based on their skin biology. Typically we recommend a series of four to six treatments to optimize results.

How long does each treatment take?

Each treatment session takes approximately 30 minutes.

What does it feel like?

Laser Genesis is very comfortable; it's sometimes called the warm laser facial. You will feel a warming sensation on your skin as the handpiece is slowly moved back and forth about a half-inch above your skin.

What can I expect afterwards?

You can return to normal activities immediately. You may be flushed from the heat but that will disappear within a few hours of treatment. Individual treatment results are often subtle but the overall effect over time with multiple treatments can be quite dramatic.

Is it safe?

Yes; hundreds of thousands of Laser Genesis treatments have been done to date with no adverse effects. As with all medical procedures, there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

Can anyone have it done?

Yes. Adults of all ages and all skin types can benefit from Laser Genesis and can have it done year round. We can even treat tanned skin.

ANSWERS TO FREQUENTLY ASKED QUESTIONS ABOUT...

Photo Genesis for Skin Rejuvenation (LP560)

What does it do?

Photo Genesis is very effective for improving uneven skin tone. It can treat individual pigment changes like brown age spots; it can also treat widespread blotchiness, freckles and skin redness.

How does it work?

Photo Genesis uses light to heat the pigment and blood in the top layer of your skin to reduce discoloration and promote a more even skin tone.

How is your treatment different from other options?

Photo Genesis treats specific areas without abrading the skin's surface. There is no need to interrupt your normal routine. Also, no gels need to be used with Photo Genesis so the treatment is a quicker, neater experience.

How many treatments will I need?

It depends on what you are having treated. Typically three to five treatments can provide significant clearance. When you come in for your consultation, we will give you information tailored to your particular needs and desires.

How long does each treatment take?

It varies according to the size of area you are having treated, but one treatment typically ranges from 5 to 30 minutes.

What does it feel like?

You will feel a series of brief snaps, similar to a rubber band snapping, but no local anesthesia or pain medication is necessary.

What can I expect afterwards?

If you have specific spots treated, they will darken immediately and then flake off naturally over the next one to three weeks to reveal clearer skin. If you have general redness treated, the blush will gradually lighten over three to five treatments.

Is it permanent?

Over time new spots may appear, as a result of new sun exposure and the ongoing aging process. These too can be removed.

Is it safe?

Yes; hundreds of thousands of Photo Genesis treatments have been done to date. As with all medical procedures there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

Can anyone have it done?

Anyone with a light or medium color skin may be a candidate for Photo Genesis, but those with darker skin tones may not. We will assess your particular skin type and let you know if you're a candidate at the time of your consultation.

ANSWERS TO FREQUENTLY ASKED QUESTIONS ABOUT...

LimeLight Facial™ for Skin Rejuvenation

What does it do?

The LimeLight Facial is very effective for improving uneven skin tone. It can treat individual pigment changes like brown age spots; it can also treat widespread blotchiness, freckles, skin redness and individual fine veins.

How does it work?

The LimeLight Facial uses light to heat the pigment and blood in the top layer of your skin to reduce discoloration and promote a more even skin tone.

How is your treatment different from other options?

The LimeLight Facial treats specific areas without abrading the skin's surface. There is no need to interrupt your normal routine.

How many treatments will I need?

It depends on what you are having treated. Typically three to five treatments can provide significant clearance. When you come in for your consultation, we will give you information tailored to your particular needs and desires.

How long does each treatment take?

It varies according to the size of area you are having treated, but one treatment typically ranges from 5 to 30 minutes.

What does it feel like?

You will feel a series of brief pinches, similar to a rubber band snapping, but no local anesthesia or pain medication is necessary.

What can I expect afterwards?

If you have specific spots treated, they will darken immediately and begin to flake off naturally within one to three weeks to reveal clearer skin. If you have general redness or fine veins treated, the blush will gradually lighten over three to five treatments.

Is it permanent?

Over time new spots may appear, as a result of new sun exposure and the ongoing aging process. These too can be removed.

Is it safe?

Yes, the LimeLight Facial is safe. As with all medical procedures there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

Can anyone have it done?

Anyone with a light or medium color skin may be a candidate for the LimeLight Facial, but those with darker skin tones may not. We will assess your particular skin type and let you know if you're a candidate at the time of your consultation.

ANSWERS TO FREQUENTLY ASKED QUESTIONS ABOUT...

Titan® for Skin Rejuvenation

What does it do?

Titan is a light-based treatment we use to improve skin tone and fitness. The areas we most often treat include the cheeks, jawline, under the chin and the abdomen.

How does it work?

We use a sophisticated non-laser infrared light to gently heat the supportive tissue within the skin.

How is your treatment different from Thermage?

Both heat the collagen in the skin but Titan is reported to be less painful and less sensitive to variations in tissue because it uses a completely different mechanism for heating.

How many treatments will I need?

The number of treatments varies according to the precise condition and responsiveness of your skin but it typically ranges from one to three treatments over a few months. At your consultation, we can discuss this in detail and recommend a treatment program that's right for you.

How long does each treatment take?

The time will vary according to whether you are treating a full face, a neck or both, but a safe estimate is 60 minutes.

What does it feel like?

Patients are able to tolerate treatments without the use of any anesthesia, numbing creams, or medication. There may be a few quick moments or areas of particular discomfort. Some patients choose to take acetaminophen prior to treatment, but most patients do fine without any pain medication.

What can I expect afterwards?

There may be some flushing from the heat and possibly some very slight swelling, but you can return to normal activities right away. Results can be subtle at first but over the course of 6 months, the results continue to appear.

How long do the results last?

Our patients are still enjoying the benefits of Titan after one to two years, but because the skin will continue to age, they may opt for a yearly maintenance treatment.

Is it safe?

Yes. Tens of thousands of Titan treatments have been done to date. As with all medical procedures there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

Can anyone have it done?

Typically any adult who wants to have more fit skin, and who understands that this isn't a replacement for a face lift, can be a candidate for Titan. Patients of any skin type can be good candidates for Titan.

ANSWERS TO FREQUENTLY ASKED QUESTIONS ABOUT...

Vascular Treatments with CoolGlide Excel® 1064 nm Nd:YAG

What can you do for veins?

We can treat the tiny red veins on the face called telangiectasia, the red or purple spider veins on the face or body, or mid-size blue leg veins. Our laser delicately heats these vessels to eliminate them.

How is your treatment different from other options?

Our CoolGlide laser technology doesn't involve needles and it minimizes any bruising or irritation of the surrounding skin. We can treat the very small veins on the face up to the larger veins on the legs.

How many treatments will I need?

The number depends on the quantity, color and size of the vessels being treated, but typically one to three treatments are sufficient.

How long does each treatment take?

The length of time depends on the size of the treatment area but each treatment typically takes 5 to 15 minutes.

What does it feel like?

Patients may experience a mild to moderate stinging sensation as the pulses of light are delivered to the skin. A cooling mechanism is built into the handpiece to minimize the discomfort and protect the skin's surface. No local anesthesia or pain medication is necessary, but some may opt to apply a topical anesthetic or ice.

What can I expect afterwards?

Small vessels usually disappear immediately. Larger vessels, especially those on the legs, often look worse before they look better but will clear up over a matter of weeks or months. Wearing sunscreen regularly will help.

Is it safe?

Yes. Hundreds of thousands of CoolGlide treatments have been done to date. As with all medical procedures there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

Can anyone have it done?

The best candidates for CoolGlide treatments are those with tiny to mid-size veins on their face or body. This treatment is not used to treat raised varicose veins. We will evaluate whether your veins are appropriate for this treatment (or another) at the time of your consultation.

ANSWERS TO FREQUENTLY ASKED QUESTIONS ABOUT...

Vascular Treatments with AcuTip 500™

What can you do for veins?

We have a light-based device designed to treat well-defined tiny red veins on the face and chest. We can delicately trace over them to heat them up and eliminate them. If you also have individual small age spots, we can treat those as well.

How is your treatment different from other treatment alternatives?

Our light technology doesn't involve needles. Also, it minimizes any bruising or irritation of the surrounding skin.

How many treatments will I need?

The number of treatments depends on how many you have in a particular area, but typically one to three treatments are sufficient.

How long does each treatment take?

Each treatment typically takes 5 to 15 minutes.

What does it feel like?

Patients will experience a stinging sensation as the pulses of light are delivered to the vessel. No local anesthesia or pain medication is necessary.

Is it safe?

Yes. Hundreds of thousands of treatments with this type of light have been done to date. As with all medical procedures there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

Can anyone have it done?

The best candidates are those with tiny veins on their face or chest. This treatment would not be used to treat leg veins. We will evaluate whether your veins are appropriate for this treatment (or another) at the time of your consultation.